



# 2024

Dear Camper:

Enclosed is your application packet. **Please fill it out completely and return it before May 4, 2024.** I'm very excited that you will be attending Camp Roehr 2024 the week of June 1<sup>st</sup> – 7<sup>th</sup>, 2024 as a camper.

After processing your application, you will be receiving a final packet with directions, a list of needed items to bring, arrival/departure time schedule, and camp site information.

If you have any questions, please feel free to call me at (618) 236-2181.

Sincerely,

Camp Director  
Epilepsy Foundation of Greater Southern Illinois



## Brief Overview

Camp Roehr Mission: To provide a safe, enjoyable, residential camping experience for children with a primary diagnosis of epilepsy, to build self-esteem by promoting self-confidence, competency and social interaction, and to foster independence in a safe environment away from home.

Camp Roehr is a 7 day/6 night residential summer camp for children with epilepsy ages 6 through 17 held at the YMCA Trout Lodge and Camp Lakewood in Potosi, MO. Often children with epilepsy are denied the privilege of attending summer camp because of their epilepsy, but that is not the case at Camp Roehr. Camp is a place where children are able to try new things in an environment that is safe, encouraging, and supportive.

## Eligibility and Criteria

Any child with epilepsy and/or seizure disorder age 6 through 17 is eligible to apply to attend Camp Roehr. Camp Roehr is intended for physically abled children that are functioning at a developmentally appropriate level, and do not have severe physical and behavioral problems. Child must have primary diagnosis of epilepsy and be on anti-seizure medications and/or physician approved treatment therapy (i.e. Ketogenic diet, VNS, etc.) Any secondary diagnosis will be evaluated by our Camper Selection Committee.

Eligibility for selection to attend Camp Roehr is dependent upon completion of all forms, releases, and applications in this packet. All applications are reviewed and campers are selected by the Camper Selection Committee. Campers will be notified by either phone or mail of the selection committee's decision no later than May 17<sup>th</sup>, 2024.

Should any information completed in this application be found to be falsified previous to and/or during the week of camp, the Epilepsy Foundation of Greater Southern Illinois reserves the right to deny acceptance and/or send the camper home. (For example, but not limited to: excessive physical limitations, required care that does not reflect our staff ratio, behavior disturbances, etc.)

## Application, Deadlines, Submission Information

To apply to participate in Camp Roehr, the parent/legal guardian must complete, sign, and return the two-part Application Packet.

### **Camper Application – All forms below must be signed and returned by May 4, 2024.**

- Part A – Camper Information Form
- Part B – Emergency Health Information Form
- Part C – Health History Form
- Part D – Camper Care Information Form
- Part E – Camp Roehr Consent Form
- Part F – Acknowledgement of Behavior Policy Form
- Part G – Camper Treatment Form
- Part H – Medication Administration Form
- Part I – Camper Dismissal Policy Form
- Part J – Packing Your Camper's Medication

### **Camp Physical Evaluation Form – Must be completed, signed by physician, and returned by May 11, 2024.**

Campers are encouraged to register early. Camper space is limited by many factors. Your child **WILL NOT** be placed on the camper list until **ALL** of the requested documents are received. Original signatures required; applications will **ONLY** be accepted by mail or drop off:

**Epilepsy Foundation of Greater Southern Illinois**  
**Attn: Camp Director**  
**3515 North Belt West**  
**Belleville, IL 62226**

For questions, concerns, or if you require assistance with the application, contact us by phone (618) 236-2181 or toll free (866) 848-0472.

*The Epilepsy Foundation of Greater Southern Illinois provides equal opportunity to qualified persons without regard to race, color, creed, sex, or national origin.*



## PART A – CAMPER INFORMATION

*(This section is to be completed by the parent/legal guardian; all information provided is confidential.)*

Camper Name: \_\_\_\_\_  
Last First Middle Initial

Name your child likes to be called: \_\_\_\_\_  Male  Female

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ County: \_\_\_\_\_

Child Lives With:  Both Parents  Father  Mother  Legal Guardian

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Cognitive Age (If different from physical age): \_\_\_\_\_

Ethnicity:  African American  Asian  Caucasian  Hispanic  Native American  Other: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Camper's T-Shirt Size: Youth  S  M  L  XL Adult  S  M  L  XL  XXL

### SCHOOL INFORMATION

School Name: \_\_\_\_\_ District: \_\_\_\_\_

Grade Next Fall: \_\_\_\_\_ Special Education Classes:  Yes  No

### PARENT/LEGAL GUARDIAN INFORMATION

Mother's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_



## PART B – EMERGENCY INFORMATION

In the event we are unable to contact parent/legal guardian in an emergency, we will contact the following persons regarding your child. If parents are out of town during the week of camp, we **MUST** have a contact person that can be reached and is within driving distance of Camp Roehr.

**List two emergency contacts OUTSIDE of your home:**

Emergency Contact 1	Emergency Contact 2
Name: _____	Name: _____
Relation to Camper: _____	Relation to Camper: _____
Address: _____	Address: _____
City, State, Zip: _____	City, State, Zip: _____
Home Phone: _____	Home Phone: _____
Cell Phone: _____	Cell Phone: _____

### Camper's Physicians

Primary Care Physician/Pediatrician	Neurologist
Name: _____	Name: _____
Address: _____	Address: _____
City, State, Zip: _____	City, State, Zip: _____
Phone: _____	Phone: _____
Fax: _____	Fax: _____

### Health Insurance

**\*\*NOTE: Please provide a copy of the child's insurance card!**

Does your child have health Insurance?  Yes  No Carrier: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Policyholder Name: \_\_\_\_\_ Relation to Camper: \_\_\_\_\_



## PART C – HEALTH HISTORY

Camper Name: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Does your child have a history of the following conditions <i>(attach a sheet of paper if additional space is needed)</i>							
Condition	Yes	No	Explain	Condition	Yes	No	Explain
Asthma				Kidney Disease			
Behavioral Disorders (e.g. ADHD, Autism)				Long/Respiratory Disease			
Bleeding Disorders				Menstrual Problems			
Cerebral Palsy				Muscular/Skeletal Condition			
Developmental Disabilities				Psychiatric/psycho- logical or emotional difficulties			
Diabetes – Type 1				Sleep Disorders			
Diabetes – Type 2				Serious Injuries			
Ear/Sinus Problems				Surgery			
Heart Disease / Hypertension				Thyroid Disease			
Intellectual Disabilities (MR)				Other			

### Miscellaneous

Please answer the following questions about your child:	Yes	No	Additional Information
Does your child wear glasses or contacts?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Does your child wear a hearing aid?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Does your child have a VNS?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Does your child wear a retainer?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Does your child use adaptive equipment (i.e. AFO/Brace)?	<input type="checkbox"/>	<input type="checkbox"/>	_____
Does your child have a seizure dog?	<input type="checkbox"/>	<input type="checkbox"/>	_____
(Females Only) Has your child started her menses?	<input type="checkbox"/>	<input type="checkbox"/>	_____

**Immunizations:** Please check if immunization received and attach a copy of your child’s current vaccination record. If they have had the illness please list a date of illness. **Tetanus immunization is required for camp.**

Immunization	Yes	No	Date of Illness	Immunization	Yes	No	Date of Illness
Tetanus or DTP	<input type="checkbox"/>	<input type="checkbox"/>	_____	Chicken Pox	<input type="checkbox"/>	<input type="checkbox"/>	_____
Measles	<input type="checkbox"/>	<input type="checkbox"/>	_____	Hepatitis A	<input type="checkbox"/>	<input type="checkbox"/>	_____
Mumps	<input type="checkbox"/>	<input type="checkbox"/>	_____	Hepatitis B	<input type="checkbox"/>	<input type="checkbox"/>	_____
Rubella	<input type="checkbox"/>	<input type="checkbox"/>	_____	Influenza	<input type="checkbox"/>	<input type="checkbox"/>	_____
Polio	<input type="checkbox"/>	<input type="checkbox"/>	_____	Other	<input type="checkbox"/>	<input type="checkbox"/>	_____



## Allergies

List allergies below, if no allergies or reactions write "None"

Medication Allergies	Foods/Plants/Pollens/Insections

## Seizure Summary

Age child was diagnosed with epilepsy: \_\_\_\_\_ Date of Last Seizure: \_\_\_\_\_

**Seizure Type(s)** (Please check all that apply for your child)

- Absence Seizures (Petit Mal)  
 Atypical Absence  
 Atonic (Drop Attack)  
 Simple Partial  
 Tonic-Clonic (Grand Mal)  
 Complex Partial (Temporal)  
 Secondary Generalized  
 Non-epileptic  
 Other: \_\_\_\_\_

How many seizures does your child have per month: \_\_\_\_\_ How long do they last: \_\_\_\_\_

**Description of your child's typical seizure:**

Describe in detail what do your child's seizures look like: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Describe your child's recovery period after a seizure (i.e. sleepy, confused): \_\_\_\_\_

\_\_\_\_\_

Does your child have loss of bowel or bladder control during a seizure?  Yes  No

Does your child usually get a special warning (aura) before a seizure?  Yes  No If yes, please describe:

\_\_\_\_\_

Has your child had epilepticus or a seizure that lasts longer than 15 minutes?  Yes  No

How Often? \_\_\_\_\_ Date of last episode: \_\_\_\_\_

What action did you take? \_\_\_\_\_



List any identifiable seizure triggers or avoidances: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does your child have nocturnal seizures?  Yes  No If yes, how are they handled? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **Emotional Health**

*(Please include a separate sheet of paper if you require additional space)*

Does your child have any special fears, emotional or behavioral problems?  Yes  No If yes, please explain:  
\_\_\_\_\_  
\_\_\_\_\_

Is your child on medication for psychiatric, emotional, behavioral problems?  Yes  No If yes, please explain:  
\_\_\_\_\_  
\_\_\_\_\_

Do you feel your child's emotional/behavioral problems are well-controlled?  Yes  No If yes, please explain:  
\_\_\_\_\_  
\_\_\_\_\_

How do you handle behavioral problems at home/school? Please explain:  
\_\_\_\_\_  
\_\_\_\_\_





## PART D – CAMPER CARE INFORMATION

Please answer all questions as thoroughly as possible so that we can best care for your child while at camp.

Has your child attended an overnight or week-long camp before?  Yes  No If NO, has your child ever slept overnight away from your family?  Yes  No

Has your child attended epilepsy camp before?  Yes  No If YES, date last attended: \_\_\_\_\_

Does your child function (cognitive/behavior, etc.) at his/her age?  Yes  No If NO, please describe: \_\_\_\_\_

\_\_\_\_\_

What is your child most looking forward to at Camp Roehr? \_\_\_\_\_

Favorite Activities: \_\_\_\_\_

Special needs, comfort items, rituals: \_\_\_\_\_

Bedtime/sleep habits (light, heavy, sleepwalking, nightmares, etc): \_\_\_\_\_

Bedwetting?  Yes  No If YES, how is this handled at home? \_\_\_\_\_

Physical or mental limitations: \_\_\_\_\_

Recent stressful events we should know about: \_\_\_\_\_

Serious fears: \_\_\_\_\_

Has your child ever been the victim of bullying?  Yes  No If YES, explain how it was handled: \_\_\_\_\_

\_\_\_\_\_

Can your child shower alone?  Yes  No

Can your child toilet alone?  Yes  No

Can your child walk alone?  Yes  No

Can your child feed himself/herself?  Yes  No

What behavior, attitudes, etc. are typical/atypical? \_\_\_\_\_

\_\_\_\_\_

What type of instruction does your child typically respond to best? \_\_\_\_\_

\_\_\_\_\_

Does your child have any other special needs or anything else that would be helpful for the counselor to know? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**\*\*\*NOTE: Camp Roehr is not staffed to care for children with severe emotional/behavioral problems\*\*\***



## PART E – CAMP ROEHR CONSENT

Please read and initial to confirm that you have read each section.

Name of Camper (Print): \_\_\_\_\_

**PARTICIPATION CONSENT.** My signature below gives my consent for my child to participate in camp activities at Camp Roehr. I understand and certify that my child may participate in Camp Roehr and its activities at YMCA Trout Lodge and Camp Lakewood, and that his/her participation is completely voluntary. I have familiarized myself with the programs and activities at Camp Roehr in which my child will participate. I recognize that certain hazards and dangers are inherent in these activities, which may include, but not be limited to, the activities of horseback riding, high and low elements rope course, swimming, archery, canoeing and team sports such as soccer. I acknowledge that although the Epilepsy Foundation of Greater Southern Illinois (EFGSI) and YMCA Trout Lodge and Camp Lakewood have taken safety measures to minimize the risk of injury to camp participants, EFGSI and YMCA Trout Lodge and Camp Lakewood cannot ensure or guarantee that the participants, equipment, premises or activities will be free of hazards, accidents, or injuries. I understand that under Missouri Law, an equine professional is not liable for an injury or death of a participant in equine activities resulting from the inherent risks of equine activities. I recognize and have instructed my child in the importance of knowing and abiding by the rules, regulations and procedures for Camp Roehr. I have received approval from a doctor authorizing my child to participate in Camp Roehr and its activities at Camp Roehr and YMCA Trout Lodge and Camp Lakewood. \_\_\_\_\_ (Initial)

**PERMISSION FOR TREATMENT AND TRANSPORT.** My signature below gives my consent for my child to be treated and transported. The health history described in the Camp Roehr Camper Information and Health History Form is correct to the best of my knowledge. In the event of an accident or injury involving my child, I authorize the Camp Roehr and/or YMCA Trout Lodge and Camp Lakewood directors, counselors, program staff, medical staff, volunteers or other executors to obtain medical treatment for my child and to transport if needed. I give permission to the physician selected by EFGSI to order x-rays, routine tests, and treatments; and, in the event of any perceived emergency. I give permission to the physician selected by EFGSI to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for my child named above. I understand that payment of any medical expenses incurred by my child will be my responsibility. \_\_\_\_\_ (Initial)

**LIABILITY RELEASE.** My signature below releases the Epilepsy Foundation of Greater Southern Illinois (EFGSI) and/or the YMCA Trout Lodge and Camp Lakewood from any and all liabilities. I, the undersigned, understand that occasionally accidents occur during camp activities, and that participants may sustain serious personal injury and property damage as a consequence thereof. Knowing the risks of camp activities, I nevertheless agree to assume those risks. By signing this liability release, I intend to legally bind myself, my minor children, my heirs, executors and administrators, and anyone claiming by, through or under any of them. I HEREBY RELEASE AND FOREVER DISCHARGE THE EPILEPSY FOUNDATION OF GREATER SOUTHERN ILLINOS AND YMCA TROUT LODGE AND CAMP LAKEWOOD, AND EACH OF THEIR OFFICERS, DIRECTORS, EMPLOYEES, AND AGENTS (THE "RELEASED PARTIES") FROM ALL CLAIMS, CAUSES OF ACTION OR DAMAGES ARISING OUT OF ANY INJURY, ILLNESS, OR LOSS OF ANY KIND, THAT MAY BE SUSTAINED BY MY CHILD DURING OR RELATED TO MY CHILD'S ATTENDANCE AT CAMP ROEHR AT YMCA TROUT LODGE AND CAMP LAKEWOOD, WITHOUT REGARD TO THE CAUSE OR CAUSES OF SUCH INJURY, ILLNESS, OR LOSS. EVEN IF SUCH CLAIMS, CAUSES OR ACTION, OR DAMAGES ARISE FROM THE NEGLIGENCE OR CARELESSNESS OF THE RELEASED PARTIES. \_\_\_\_\_ (Initial)

**MEDIA RELEASE.** I hereby give the Epilepsy Foundation of Greater Southern Illinois (EFGSI) and YMCA Trout Lodge and Camp Lakewood the right to interview and/or take photographs, audio, or audio-visual recordings of my child, which may be used in promotional, educational, or fundraising materials including, but not limited to videotapes, pamphlets, brochures, and their websites. The EFGSI and YMCA Trout Lodge and Camp Lakewood shall have the right to use photographs or other images of my child in promotional, educational, or fundraising materials. I hereby release the EFGSI and YMCA Trout Lodge and Camp Lakewood from any and all claims arising out of such photography, reproduction, publication of exhibition as is authorized by EFGSI and/or YMCA Trout Lodge and Camp Lakewood. I acknowledge that I have legal authority to sign this form on behalf of the above mentioned child. Media release is required to attend Camp Roehr. \_\_\_\_\_ (Initial)

The undersigned acknowledges and agrees to the rules and responsibilities set forth therein.

\_\_\_\_\_  
Printed Name  
Camp Roehr Application

\_\_\_\_\_  
Signature of Parent/Legal Guardian

\_\_\_\_\_  
Date



## PART F – ACKNOWLEDGEMENT OF BEHAVIOR POLICY

*Must be signed by both parent and camper.*

<b>Policy:</b>	Management of camper behavior problems at Camp Roehr.
<b>Objectives:</b>	Provide a quality experience for all campers and volunteers. Decrease the risk of injury to campers and staff. Outline steps for management of extreme behavior problems.
<b>Implementation:</b>	The staff may identify problem behavior as conduct that is disruptive to others at camp or appears harmful to other campers. The following lists specific examples of those behaviors, followed by intervention the staff may take to provide a solution to the problem in order to reach the given objectives.
<b>Examples of Minor Problems:</b>	Teasing, calling names, talking back to staff, failure to cooperate, speaking out of turn, interrupting.
<b>Examples of Major Problems:</b>	Kicking, hitting, biting, bullying, throwing things, spitting, taking other’s belongings, pushing, dunking in the pool, etc.
<b>Exceptions and Disclaimer:</b>	The following course of action could be bypassed in the event of severe behavioral, emotional, or physical disturbances per discretion of the Camp Director. Examples of such behavioral disturbances include but are not limited to: threatening a camper/staff member, physically harming anyone, in any of these cases, the Director has the authority to send the camper home.
<b>Strike I</b> <b>Course of Action:</b>	Intervening Staff: Cabin Counselors Call the behavior to the camper’s attention. Inform the camper of the consequences, if the behavior continues (i.e. time out). Redirect the camper’s attention.
<b>Strike II</b> <b>Course of Action:</b>	Intervening Staff: Cabin Counselors, Assistant Directors, Camp Director Possible sit-out. Staff explains to the camper that because s/he has continued the behavior, s/he will sit out of the group for several minutes or the remainder of the activity. A call will be made to the child’s parent or legal guardian. Parent/Guardian will be asked for assistance in redirecting child’s undesirable behavior.
<b>Strike III</b> <b>Course of Action:</b>	Intervening Staff: Camp Director and Epilepsy Foundation Staff Child will be sent home. A child is given two opportunities for behavior modification. If the inappropriate behavior is repeated after the call home, the parent or legal guardian will be called to have the child picked up. If the parent or legal guardian cannot be reached within 4-6 hours, the emergency contact will be called. THE CHILD MUST BE PICKED UP WITHIN 12 HOURS AT FAMILY’S EXPENSE.

WE HAVE READ, DISCUSSED AND AGREE TO THE BEHAVIOR POLICY FOR CAMP ROEHR.

\_\_\_\_\_

Camper Printed Name

\_\_\_\_\_

Camper Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Parent Printed Name

\_\_\_\_\_

Parent Signature

\_\_\_\_\_

Date



## PART G – CAMPER TREATMENT FORM

Camper's Name: \_\_\_\_\_

Please check which therapy your child is currently on (*check all that apply*):

- Medications                       Ketogenic Diet (if modified, please explain below)  
 Vagus Nerve Stimulator         Other (please list) \_\_\_\_\_

### Special Instructions or Needs:

Is your child able to swallow pills:  Yes     No    If no, describe how your child takes medications at home?

\_\_\_\_\_

Are there any special instructions that the medical staff should be aware of concerning your child's medications?

Yes     No    If YES, please explain \_\_\_\_\_

\_\_\_\_\_

### Consent to Administer Medications (*Please initial each item to indicate authorization*)

- \_\_\_\_\_ I authorize Camp Roehr medical staff to administer prescribed medications listed on the Medication Administration Form as indicated/ordered by the physician.
- \_\_\_\_\_ I authorize Camp Roehr medical staff to administer emergency medications as ordered. If emergency medication is not provided, I authorize the Camp Roehr Neurologist to prescribe/dispense medications for the reduction of cluster/emergent seizures (parent/guardian will be contacted by phone prior to taking this action) or to transport to ER if necessary.
- \_\_\_\_\_ I will update the Medication Administration Form that if medications are changed before camp.
- \_\_\_\_\_ I will provide medications in the original pharmacy containers or bubble packed, with physician instructions on the label(s) plus individually packed medications (see attached packing instructions).
- \_\_\_\_\_ I will provide medication in sufficient quantities for the number of days/nights of camp. I understand camp staff will be unable to refill medications.
- \_\_\_\_\_ I authorize Camp Roehr medical staff to administer approved over the counter medications as needed during camp.
- \_\_\_\_\_ I will provide over the counter medications with the instructions clearly labeled on the bottle (i.e. Children's Multivitamin, give one tablet once daily).

### Over the Counter Medications

The following over-the-counter (OTC) medications or topical treatments may be provided during Camp Roehr (dose dispensed as indicated for child's age/weight unless otherwise noted on Medication Administration Form).

- |                        |  |                         |  |
|------------------------|--|-------------------------|--|
| Tylenol/Acetaminophen  | <input type="checkbox"/> Yes <input type="checkbox"/> No | Triple Antibiotic Cream | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Ibuprofen/Advil/Motrin | <input type="checkbox"/> Yes <input type="checkbox"/> No | Hydrocortisone Cream    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Tums/Antacids          | <input type="checkbox"/> Yes <input type="checkbox"/> No | Calamine Lotion         | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Claritin (Loratadine)  | <input type="checkbox"/> Yes <input type="checkbox"/> No | Topical Mosquito Spray  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Zyrtec (Cetirizine)    | <input type="checkbox"/> Yes <input type="checkbox"/> No | Topical Sunscreen       | <input type="checkbox"/> Yes <input type="checkbox"/> No |

I hereby give my permission to Camp Roehr medical staff to administer prescribed and approved over the counter medications (selected above) to my child as indicated in the Consent to Administer Medications section above.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date





## PART I – CAMPER DISMISSAL POLICY

I understand that the Epilepsy Foundation of Greater Southern Illinois will dismiss any camper from Camp Roehr who needs treatment by their own physicians, cannot adjust to the camp environment (extreme home sickness) or is disruptive to other campers or to camp activities. Camp Roehr will make every attempt to accommodate each camper, but given the above conditions; it may be best for the camper to go home.

In the event that my child needs to be sent home, I will be responsible for his/her transportation or I will assume the cost of transportation home.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



## PART J - PACKING YOUR CAMPER'S MEDICATION

Dear Parents,

Welcome to Camp Roehr 2024! This note is to let you know how the medication for camp needs to be packed.

Medications are usually given out at breakfast (8:00-9:00), lunch (12:00-1:00), mid-afternoon (3:00-4:00), dinner (5:00-6:00), and bedtime (8:00-9:00). We like to keep with the above times if possible because the campers are usually all in one area except during the mid-afternoon. We can however accommodate special times if needed.

**The medications your child needs to be given the week of camp will need to be packed in individual envelopes or zip lock bags labeled with day and time of medication(s), camper's name, the medication(s) listed and dose to be given at a particular time.** Please see example on page 2 of this letter.

**NOTE: IF YOUR CHILD HAS A PRN ORDER FOR DIASTAT, IT MUST BE SENT WITH OTHER MEDICATIONS!**

PILL BOXES WILL NOT BE ACCEPTED AT CAMP!

**In addition to packing the medications by each individual dosage we also need you to send two extra dosages in the original bottle that has the pharmacy label with the correct current dosages in case there is a question throughout the week.** We will return your bottles and any unused medication to you when you pick your child up from camp.

I realize this is time consuming for you, however we may be passing medications to 45-50 individuals and we have found over the years this is the most efficient way to make sure we are giving the right medication, to the right camper, at the right time.

Please see the next page for instructions and example. If you have any questions, please call 618-236-2181. If you call, you may need to leave a message and I will return your call as soon as possible.

Sincerely,

Camp Director  
Epilepsy Foundation of Greater Southern Illinois



The following information should be on each envelope or bag:

1. Day and Time
2. Name of Camper
3. Medication with total dosage of each medication
4. List any liquid medications, injections, or refrigerated medications on the bag or envelope
5. Place all the bags or envelopes of medication along with the pill bottles with correct label into one large bag.

**NOTE:** Your pharmacist will label empty bottles with correct instructions even if it is not time to have the medication refill. Tell them it is for camp. They may have to call the child's physician for correct instructions if child's meds have been changed since the last written prescription.

#### EXAMPLES

Sunday 6/11 Bedtime  
Tommy Schaefer  
Topamax 75mg  
Carbatrol 300mg  
Septra DS 1 tsp

Monday 6/12 Breakfast  
Tommy Schaefer  
Topamax 100mg  
Carbatrol 300mg  
Septra DS 1 tsp

Tuesday 6/13 Lunch  
Tommy Schaefer  
Topamax 75mg  
Carbatrol 300mg





# CAMP PHYSICAL EXAMINATION

*This examination must be performed within 12 months of camp.*

TO THE EXAMINING PROVIDER (M.D., D.O., P.A.-C, N.P.) You are being asked to certify that this individual has no contraindication for participation in a rigorous outdoor overnight camping experience.

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:  Male  Female

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Pulse: \_\_\_\_\_

	Normal	Abnormal	Explain Any Abnormalities	Other	Yes	No
Eyes						
Ears				Contacts		
Nose				Dentures		
Throat				Braces		
Lungs				Medical Equipment (CPAP, O2, AFO):		
Neurological						
Heart				Allergies		
Abdomen						
Skin				Current Epilepsy Treatment: <input type="checkbox"/> Medication <input type="checkbox"/> Vagus Nerve Stimulator <input type="checkbox"/> Ketogenic Diet <input type="checkbox"/> Other _____		
Extremities						
Emotional Adjustment						

Seizure Classification: Type 1: \_\_\_\_\_ Type 2: \_\_\_\_\_

Other chronic or recurring illnesses or physical limiting conditions: \_\_\_\_\_

Describe any behavior disturbance: \_\_\_\_\_

Special instructions/comments/limitations: \_\_\_\_\_

Does child have emergency medications prescribed for emergent seizures (clusters/prolonged seizures)?  Yes  No

## LIST ALL MEDICATIONS CHILD IS CURRENTLY TAKING

Medication	Dose	Frequency

### EXAMINER'S CERTIFICATION

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in an overnight outdoor camping experience. It is my opinion that this camper is physically able to engage in camp activities, except as noted above.

Examining Physician (Print) \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_ Phone Number \_\_\_\_\_